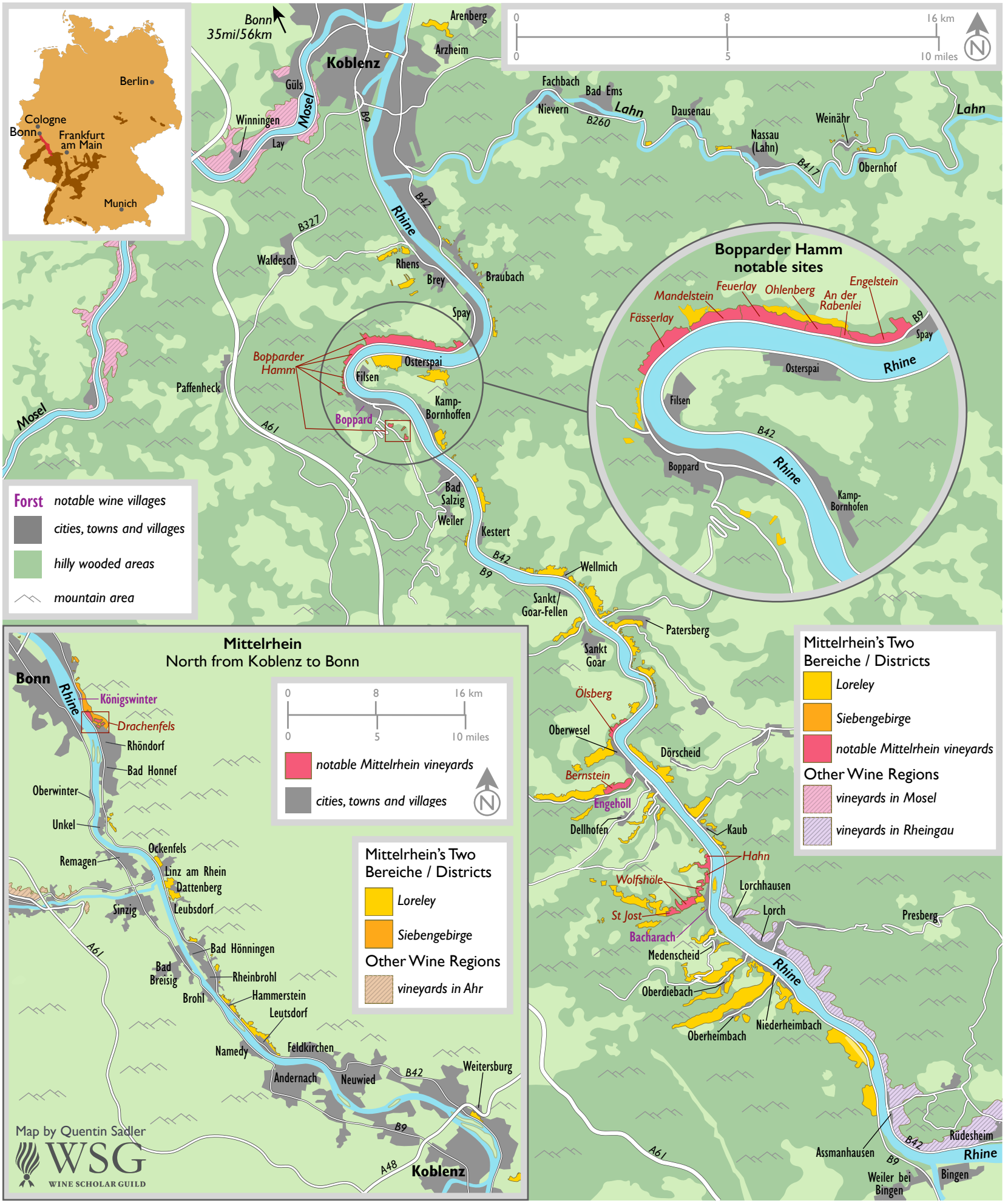Mittelrhein